

How to Win the Next World Cup the Plant Wellness Way

CHANGE THE GOALS; CHANGE YOUR GAME

In the Plant Wellness Way business system-of-reliability methodology you have to set world class performance targets for every work task. You do that so the people doing the job know what world class work looks like. Then you ask them to find new, successful ways to deliver world class outcomes in the tasks they do. That way you guarantee world class success.

If you took that philosophy into how we play sport, you would change the goals to force players to create new strategies and learn successful methods to perform at world class levels. In soccer you reduce the goal opening to ten percent of the original area, as in Figure 1. In Australian Rules football, you move the goal posts so the point posts are where the goal posts were, like in Figure 2. If you play rugby you redefine the score line as being a length no longer than the distance between the goal posts, and when kicking you bring the posts close together, as in Figures 3 and 4. When it comes to cricket, you remove a stump when practicing bowling, and use a half-width bat when doing batting practice, such as shown in Figures 5 and 6.

The new size goals force you to look at winning the game in a totally different way. You can't win by using the old ways and old ideas when you must always hit world class targets. You have to change strategies. You have to change your game to one that brings sure success. You have to learn how to become a world class master and a world class strategist of your sport.

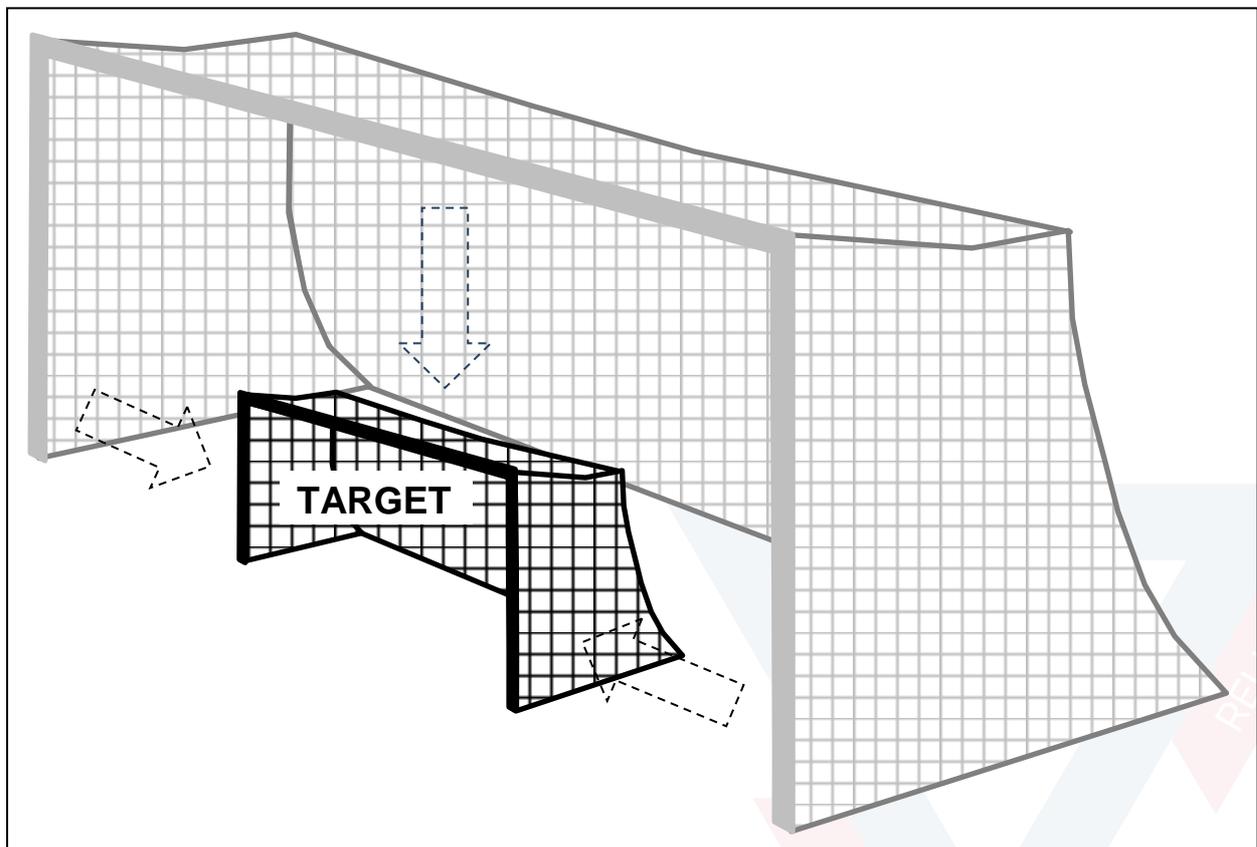


Figure 1—Reset Soccer Goal Opening to Ten Percent of Original Area During Practice

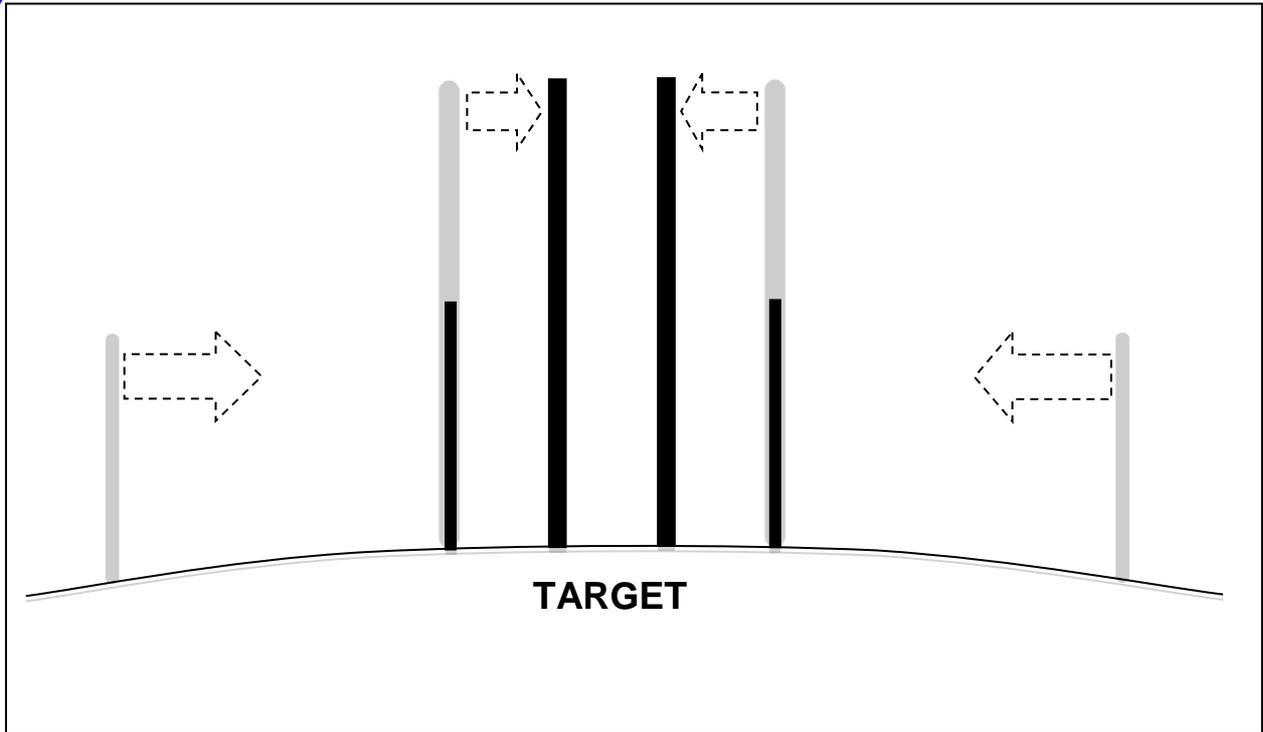


Figure 2—Reset Australia Rules Football Goal Posts so Every Practice Kick Produces a Goal

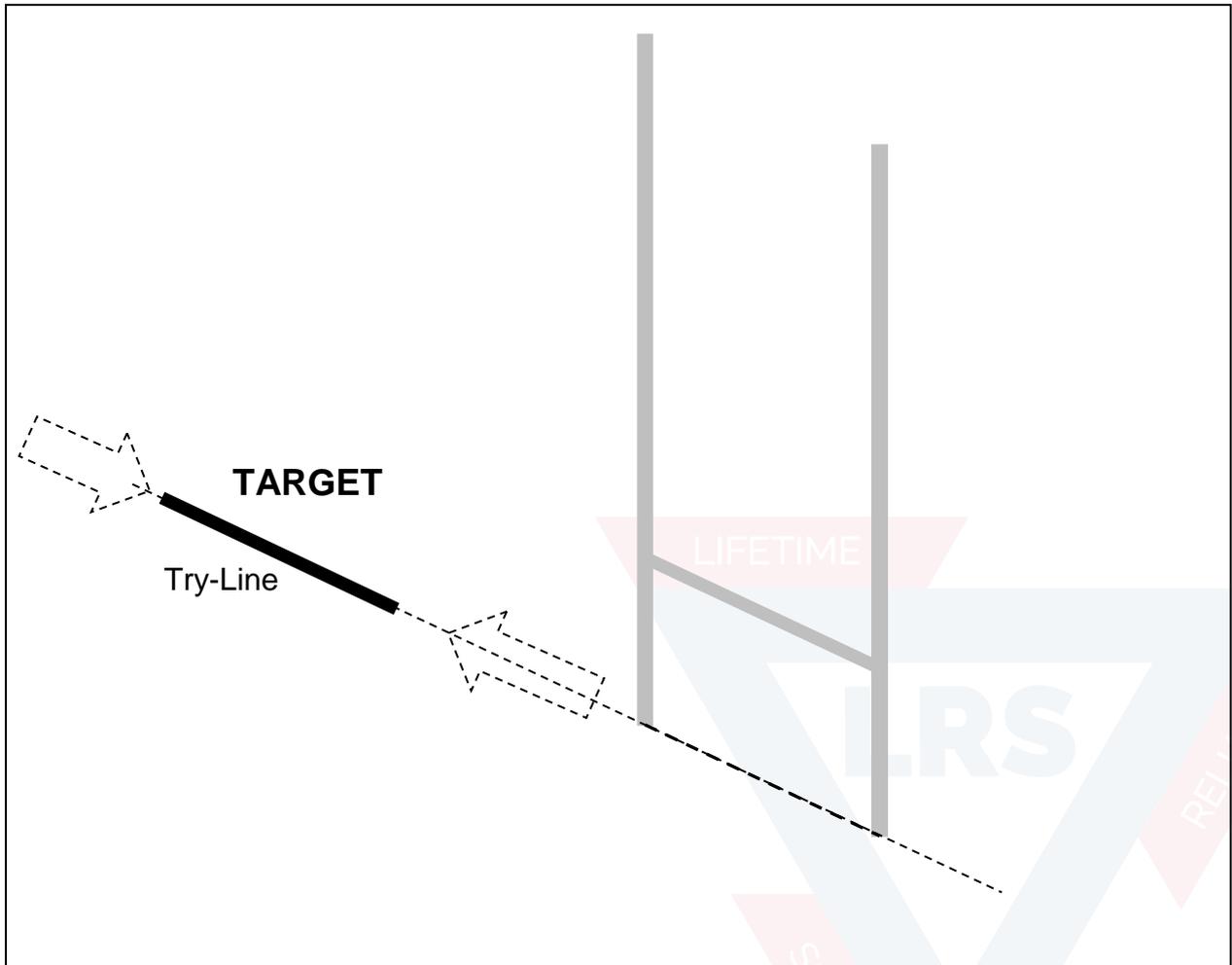


Figure 3—Reset Rugby Try-line To a Distance Equal to Between the Goal Posts

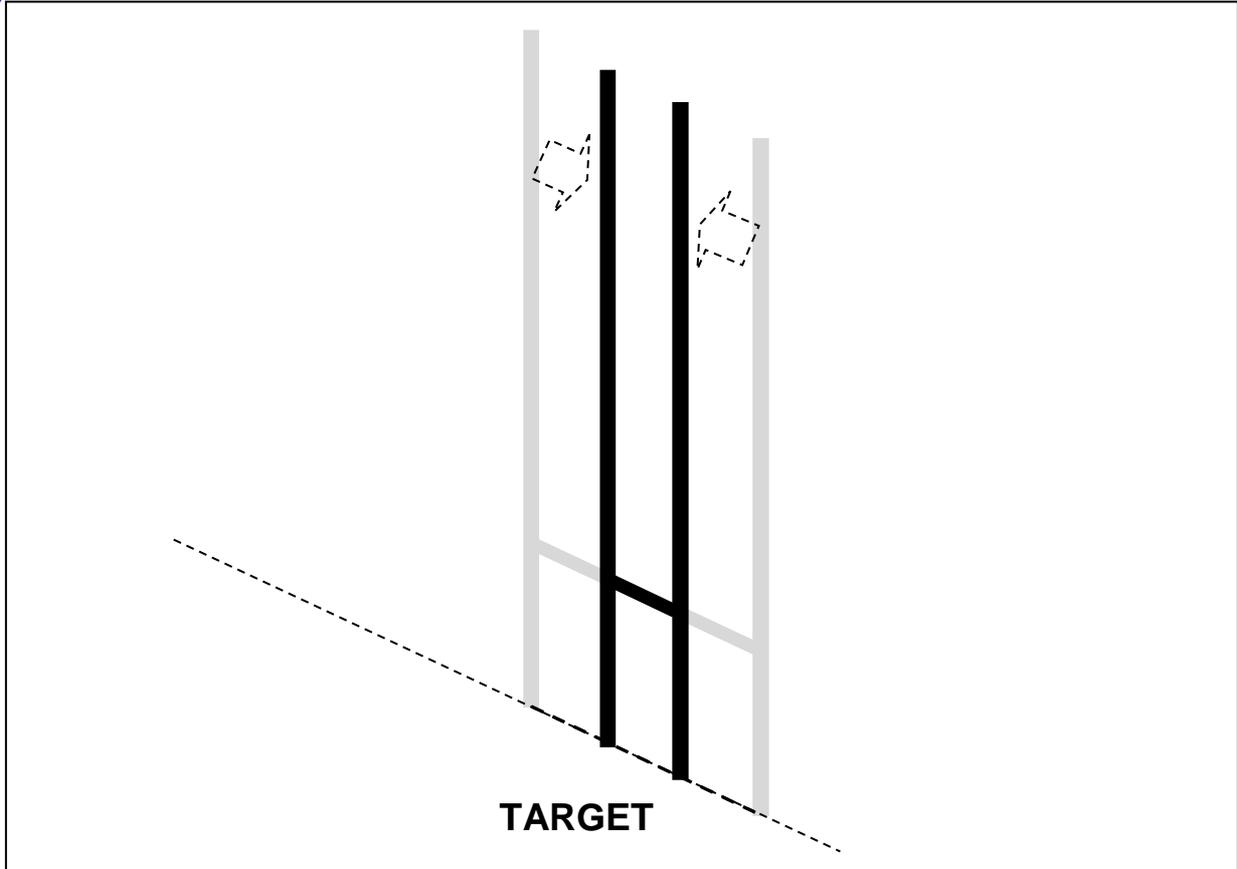


Figure 4—Reset Rugby Goal Posts to Inner Third for Kicking Practice

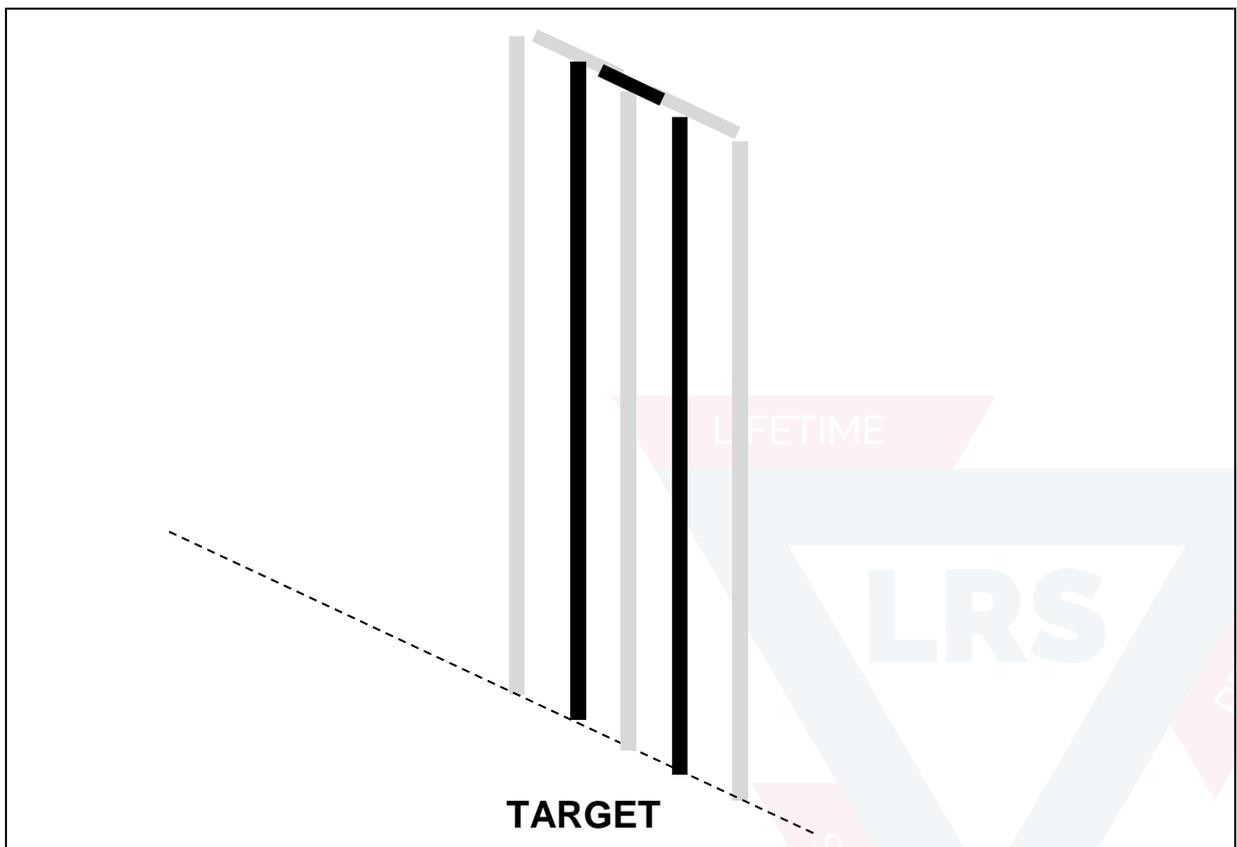


Figure 5—When Doing Bowling Practice in Cricket Use Two Stumps

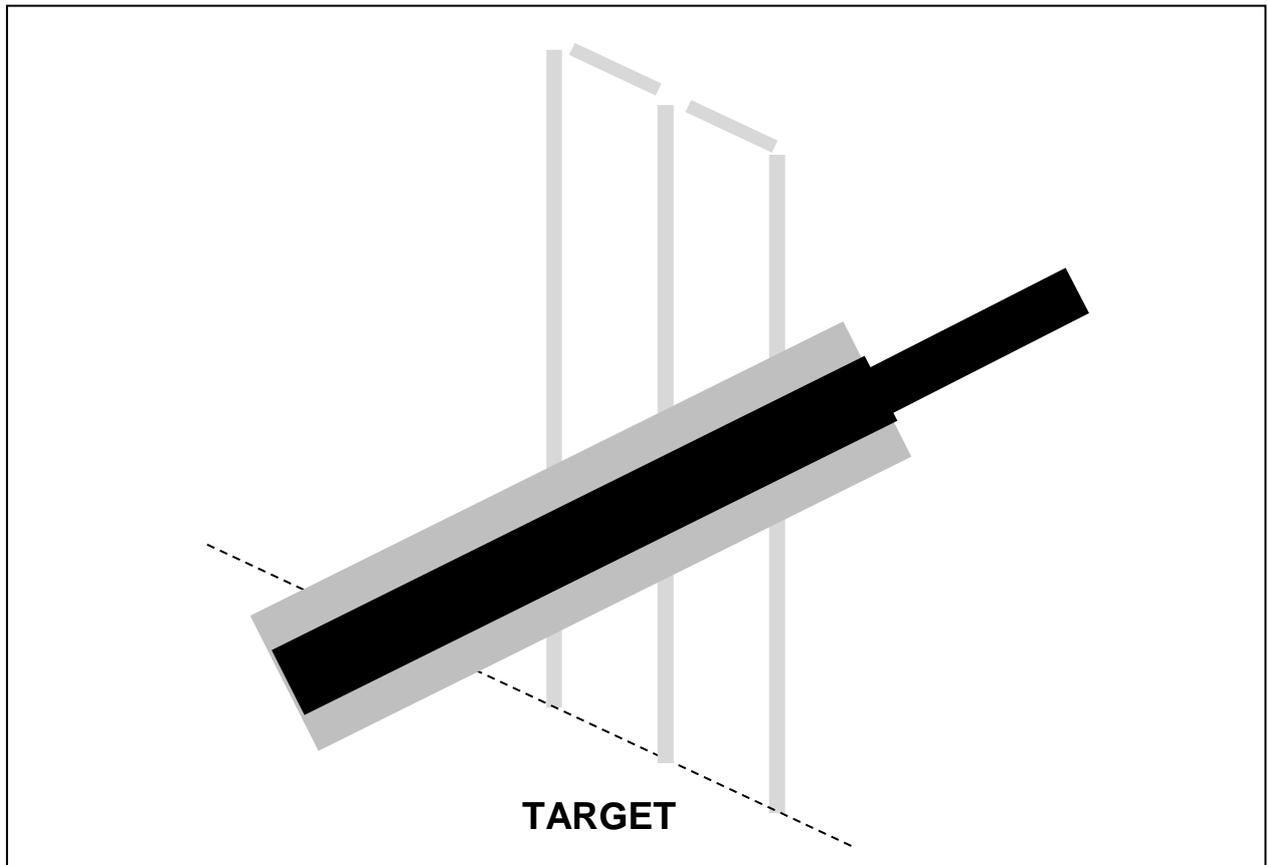


Figure 6—When Practicing Batting in Cricket Use a Half-Width Bat

All the very best to you,

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